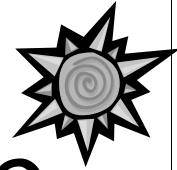


Speed To Burn's Summer Camps 2009



Join us for a fun and challenging week of camp!! Athletes from all sports are welcome. As the sports world has become more competitive, speed and agility have become very important qualities for athletes to possess. Speed To Burn's experienced instructors will help you identify problems in your running form that are preventing you from being as fast as you can be. With a focus on ladder drills and footwork, we can help you become quicker and more agile. Improvements made in these areas will result in improved performance in your particular sport.

<i>Rancho Santa Fe Speed Camp</i>	June 22-26	Solana Santa Fe Elementary
<i>Del Mar Speed Camp</i>	June 29-July 3	Sage Canyon Park
<i>Encinitas Speed Camp</i>	July 20-24	Leo Mullen Field
<i>Soccer/Speed Camp</i>	August 3-7	Location TBD

**All camps are 9:00am-12:00noon.*

You can register online at www.speedtoburn.com, or by filling out the form below and mailing it with your check payable to Speed To Burn for \$150 to: 991-C Lomas Santa Fe Dr., #132 Solana Beach, CA 92075. If you have any questions, please call (619) 672-0533.

www.speedtoburn.com

Speed To Burn's Summer Camps 2009

Athlete's name: _____ Date of Birth: _____ Age: _____
 Parents' names: _____
 Address: _____ City/State/Zip: _____
 Telephone: _____ Cell Phone: _____
 Email: _____ Camp Location: _____
 List any known medical conditions: _____

Please read and sign the following Waiver / Medical Release:

I hereby give my permission for any and all medical attention necessary to be administered to my child in the event of an accident, injury, or illness. I authorize Speed To Burn, Inc. to request medical treatment as necessary to insure the well being of my child. I also hereby waive and release Speed To Burn, Inc., and Staff from liability for injuries that may occur during training. I also understand that Speed To Burn, Inc. retains the right to use photos taken during training sessions for public and/or advertising purposes.

Parent / Guardian Signature: _____ Date: _____

